

DOMESTIC QUARANTINE -

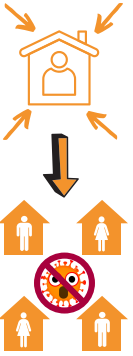
CURB THE SPREAD OF CORONA

Englisch



WHAT DOES "DOMESTIC QUARANTINE" MEAN?

Domestic quarantine means that someone has to be isolated at home, to prevent the further spread of the corona virus. During this time you are not allowed to have any contact with anyone outside your household. This means: You have to stay at home and are not allowed to receive any visitors.



WHEN DO I HAVE TO BE QUARANTINED AT HOME?

You have to go into quarantine if the health department orders it. You will receive a letter if you test positive for the corona virus or are suspected of being infected by a person.

This letter is entitled „Maßnahmen gemäß § 28 Abs. 1 Satz 1 und § 30 Abs. 1 Satz 2 Infektionsschutzgesetz (IfSG). Hier: Anordnung der Absonderung in sogenannter häuslicher Quarantäne“.



CAN I GO SHOPPING, GO TO THE DOCTOR OR GO FOR A WALK DURING QUARANTINE?

Unfortunately, **NO!**

You are not allowed to go shopping during the quarantine. Ask Family members (who are not in quarantine), friends or neighbours by phone to see if they will go grocery shopping for you. The purchases can then be placed in front of your door. If you urgently need medication or medical treatment because of an acute or chronic illness, call your doctor by phone and say that you are in quarantine and what you need.

If you have a pet dog, ask friends or neighbours if they can walk the dog or take your dog in for the time being.

Walks and visits to playgrounds are not allowed in the quarantine - nobody should be infected by you.



DO I HAVE TO EXPECT PENALTIES / FINES IF I BREAK THE QUARANTINE?

YES, you have to. If you violate the quarantine order, this can be punished by a fine (up to 25,000 euros) or a prison sentence. The public order offices of the cities and municipalities can enforce quarantine measures in the event of a violation (by court order).

However, the police can immediately detain people who disregard the quarantine order, because **disregarding the quarantine order is a criminal offense**.



WHAT DO I DO IF MY HEALTH GETS WORSE IN QUARANTINE?

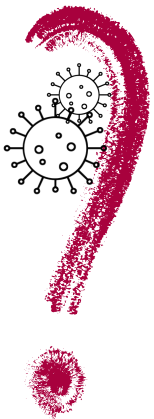
If the course of your illness has worsened significantly, first call your family doctor by phone. If you can not reach anyone there, call the free medical on-call service on **116 117**.

In urgent emergencies, call the emergency number 112. Let the emergency responsible know about your quarantine at home on the phone.



DU HAST FRAGEN ZUM CORONA-VIRUS?

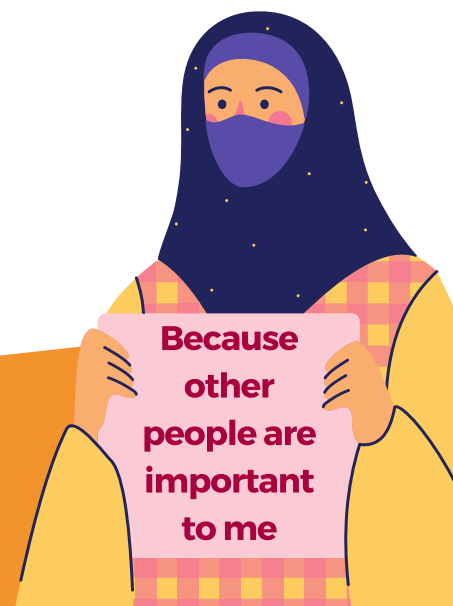
- Hotline des Kreises Lippe zum Coronavirus: 05231/62-1100, montags bis donnerstags 8 bis 16 Uhr, freitags von 8 bis 13 Uhr sowie samstags und sonntags von 9 bis 13 Uhr.
- Allgemeine Corona-Hotline des Landes NRW: 0211/ 9119 1001
- Bei medizinischen Fragen und außerhalb der Sprechzeiten des Hausarztes: 116 117. Bitte wähle den Notruf nur, wenn es sich um eine akute Notlage handelt!



Source:

<https://www.land.nrw/de/wichtige-fragen-und-antworten-zum-corona-virus#a5bc0df5>

<https://www.kreis-lippe.de/kreis-lippe/aktuelles/corona.php>



Übrigens: Ihr findet uns jetzt auch auf Instagram und YouTube!



WIR BLEIBEN ZUHAUSE

